

## **HATTIE CARTHAN URBAN AGRICULTURE CORPS**

### **Youth Farmer/Community Chef Program 2023**

#### **“The Youth Farmer is A Food Educator, Entrepreneur and Community Activator in This Innovative Youth Wellness Program”**

The Hattie Carthan Community Market will recruit, train and empower youths to understand the basics of regenerative farming, how to lead seasonal in-market cooking demonstrations and provide information about the merits of local, seasonal eating during the 2023 market season. In 2023, The Hattie Carthan Community Market will identify and select 6 young people (ages 14- 23) to join its Urban Agriculture Youth Corps and work along with seasoned youth alums and its Food Justice Collective from July through December.

The selected youths will be recruited, trained and mentored by The Hattie Carthan Community Market through its application process, receive a free chrome computer to assist in learning and documenting the agricultural journey, urban agriculture training, basic mathematics and mentorship from senior sovereignty educator and founding farmer, Yonnette Fleming, youth alums working in the fields for social justice and the Hattie Carthan Food Justice Collective.

Youths will learn to grow, nurture and harvest food, do simple mathematical computations in two community-based market stalls, and conduct cooking demonstrations focused on local, seasonal, and healthy eating. As a Youth Community Chef, you will learn about healthful eating and cooking while inspiring community members to create delicious and healthy meals for themselves and their families. Youths undergo an intensive Community Cooks program which meets 8 Wednesdays to practice culinary techniques in an outdoor kitchen on a farm.

Each youth chef will operate a smoothie bike stand, creating local smoothies, cold soups and conduct weekly cooking demonstration workshops for a minimum of 10 weeks at the Hattie Carthan Community Market & Hattie Carthan “After Church” Market. Community Chefs receive a \$100 stipend per cooking demonstration, which are paid through the Hattie Carthan Community Market.

1<sup>st</sup> year stipends \$1500

In 2023, The Hattie Carthan Community Food Projects Youth Training Program has added two new areas of focus: a social entrepreneurship and practical

course on Ways of Seeing, Telling Our Story as Farmers Contemporary Media Production and Application.

This extension of learning will provide valuable cooperative business basics which center the abundance of our farms and teach students the fundamentals of media production as well as how to use media to communicate effectively. Participants will learn the elements of storytelling, basic writing skills, as well as how to use cameras, audio recorders, and basic video equipment.

**Eligible Applicants:**

- Are 14 to 23 years old
- Are familiar with and interested in cooking and healthy eating
- Are interested in learning about triple bottom line business which considers People and Place before Profit along with community equity, community health and wellness
- Are interested in supporting local and seasonal food
- Are independent, self-sufficient workers who can work well with groups
- Are outgoing with a desire to share the gift of knowledge with others
- Are able to think about food with creative flair

**What is required to become a Hattie Carthan Urban Agriculture Youth Corps Member in 2023?**

**Complete and Return application to Market organizer, Yonnette Fleming, by email [yonfleming@yahoo.com](mailto:yonfleming@yahoo.com) by June 23<sup>rd</sup> 2023**

**Be Available to Attend Job Interview in Market on June 26<sup>th</sup> 2023**

**Be Available for All Market Trainings Urban Agriculture/ Food Justice**

Urban Agriculture, Food Justice, Customer Service Basics, Why Market for Youths? Programs in the Market

**Urban Agriculture Corps** Intensive Program will provide valuable lessons in Food Justice, Community-based market operations, Making Change in the Market, Customer Service 101, Composting 101, Plant Identification, Harvesting, Farm record keeping, Speaking with confidence and poise to all people, Community Food Education, Botany, Seasonal Eating, Food Energetics, and Mockup Market.

**June 28<sup>th</sup>, June 29<sup>th</sup> and June 30<sup>th</sup> 2023**

**Abundance Thinking – Reframing Community as Wealth, Sustainable Entrepreneurship, Equity, Regenerative Economics**

**July 6<sup>th</sup>, 7<sup>th</sup> 2023 10am to 4pm Culinary Training**

*This training will provide you with the knowledge and skills to conduct a cooking demonstration including the importance of local, seasonal food; basic culinary techniques; how to talk about healthy eating; recipe selection and creation; food safety, storage preparation.*

The Youth food educator piece community compounds holistic FOOD SAFETY TRAININGS/Knife Skills/Innovative Cooking practice and topics in herbal sanitization of the outdoor kitchen.

These food safety and hands-on aspects of our culinary training will continue in the market for 8 weeks on Wednesdays in 2023.

Location: 363-365 Clifton Place, Brooklyn, NY

Use training techniques learned at the Training of Trainers workshops, young people learn and pass on culinary gifts to other youths working virtually or in the market and in the communities to which they belong.

**Training of Trainers** *This training will teach you how to plan and conduct an interactive workshop, training techniques, facilitation skills, and adult learning principles.*

**July 10<sup>th</sup> and July 11<sup>th</sup>, 10-4pm**

**July 13<sup>th</sup>, Noon-5pm, Mockup Market**

**July 14<sup>th</sup>, Noon-5pm, Harvest and 1<sup>st</sup> Market Setup**

**July 15<sup>th</sup>, 8am-4pm, Market Opens**

All Youth Corps Members attend Community Cooks on Wednesdays in July and August.

Training Date **TBD** for Telling our Story as Farmers

Food Media Production & Application training will teach students the fundamentals of media production as well as explore various ways of seeing.

Participants will learn the elements of storytelling, basic writing skills and how to use cameras, audio recorders, and basic video equipment. All Media youths will receive access to basic media and podcast equipment in order to work virtually throughout the season.

Applications should be emailed to: **yonfleming@yahoo.com**

or mailed to: Hattie Carthan Urban Agriculture Youth Corps, 619 Willoughby Avenue Brooklyn, NY 11206

## HATTIE CARTHAN COMMUNITY FOOD EDUCATION

### Youth Farmer/Community Food Educator Program 2023 Application

Name:

Address:

Home Phone:

E-mail Address:

---

For your responses, feel free to use additional pages.

1) How did you hear about the Youth Farmer/ Chef/Activator Program?

2) What do you hope to learn from our training program?

3) Do you cook for yourself and/or your family?

If so, how often?

4) Being a Youth Farmer /Community Chef requires a commitment. Please tell us about a time that you committed to something and stuck with it.

5) Tell us about a time that you've worked together with other people. It could be in a school, at home, or work experience. What did you like about working with other people? What is challenging about working with other people?

6) Please attach your resume if you have one: