FOOD JUSTICE
We've planted dreams, you're selling schemes!

Gardens are homes for us all

Food Justice

Legal protections!
FOOD SECURITY

- Rob communities of [inherent right]
- Complete control to monopolies
- Creates food insecurity
- Opposite of self reliance eg. SNAP
- Food as commodity
- False Hope

- Perpetuates inequity and exploitation
- Rape, pillage, oppression (Band Aid)
- Hurts biodiversity (engaging in mono-cropping, destroys topsoil, economies livelihoods)
- Rape, pillage, oppression (Band Aid/Rescue)
- Value chain
- Promotes scarcity
FOOD JUSTICE

- Food Worker Chain
- Creating alternative systems
- Asserting their rights in all aspects of food from seed to seed
- Triple bottom line aka people, planet, profit
FOOD SOVEREIGNTY

- Dismantling existing systems
- Empowerment
- Autonomy
- Emphasizes land use access
- Sustainable seed
- Water rights
- Political agency (from Campesinos)
- Emphasizes rights (gender, ethnicities)
- Rejects privatization of natural resources
- Factors in indigenous methods
- Rights of flora ad fauna
- Rights to fisheries, herders (food chain worker)
- Right to choose how to produce food
- Puts control locally
BLUEPRINT FOR TRANSFORMATION
COUNCIL DISTRICT 36 — BEDFORD STUYVESANT

Poverty

<table>
<thead>
<tr>
<th>Living in Poverty</th>
<th>Children (Under Age 18) Living in Poverty</th>
</tr>
</thead>
<tbody>
<tr>
<td>37.1%</td>
<td>33.1%</td>
</tr>
<tr>
<td>45.6%</td>
<td>21.2%</td>
</tr>
<tr>
<td>47.8%</td>
<td>30.7%</td>
</tr>
</tbody>
</table>

Data Sources: U.S. Census 2000; 2007/09 American Community Survey

The percent of people living in poverty in CD 3 has decreased by 4 percentage points since 2000; the percent of children living in poverty has increased by 2 percentage points.

Obesity and Diabetes

<table>
<thead>
<tr>
<th>Obesity</th>
<th>Diabetes</th>
</tr>
</thead>
<tbody>
<tr>
<td>29.1%</td>
<td>12.1%</td>
</tr>
<tr>
<td>29.1%</td>
<td>11.6%</td>
</tr>
<tr>
<td>25.0%</td>
<td>10.2%</td>
</tr>
</tbody>
</table>

Data Source: NYC Department of Health and Mental Hygiene

- 31.5% of Bed Stuy adults are overweight; additional 29% are obese.
- Diabetes Rate Adults: 12% of Bed Stuy adults have been diagnosed with diabetes.

Thirty-five percent of the population lives below the federal poverty level compared to 21% of New Yorkers citywide.
COUNCIL DISTRICT 36 – BEDFORD STUYVESANT

"BEDFORD STUYVESANT HAS ON AVERAGE ONLY 1 FULL-SIZE SUPERMARKET PER 10,000 PEOPLE."

In parts of Central Brooklyn, small grocery stores or "bodegas", which primarily offer packaged food and limited fresh produce, comprise the vast majority (82%) of food stores.
GROWING FOOD AND PEOPLE FROM THE GROUND UP

WE ASPIRE TO FOOD JUSTICE THROUGH:

Remembering
this is the healing aspect where we remember lost customs, foods, seasons and processes needed to re-member ourselves and birthright love.

Relinquishing
this is about giving up false privilege and untruths as we build with each other. Our wealthy members support the interests of less wealthy ones.

Reconciling
this is healing through deep listening and right relationship to each other. Healing from betrayal and historic disassociation.

Reclaiming
this is where we assert our right to reclaim resources for equitable redistribution. Redistribution is needed to channel resources from already wealthy groups through the travesty of racism to build human and physical infrastructure in divested communities and to create jobs in the local food chain.
“WE’D BEGUN MAKING THE REALIZATION THAT HEALTH DISPARITIES WERE CREATED BY RACISM”

BEGINNINGS 2003:

- Grassroots Fundraising to purchase equipment for the market.

2003

2009

MARKET

- Market started with 13 community gardeners
- 1 AmeriCorps Volunteer
- 4 community Volunteers
- 500 people attended market
- Build community by hosting events & workshops
- First International Food festival – track food in the Diaspora

Undoing Racism Training

Garden

- Healing community trauma
- Building Trust
- Unification of diverse groups
- Culinary Festivals
- Cooking Demonstrations
- Intergenerational Council
COMMUNITY MARKET BEGAN AS THE REVITALIZATION OF AN ABANDONED LOT BEING USED AS A DUMPING GROUND
MISSION, VISION, GOALS AND STRATEGY OF THE HATTIE CARTHAN COMMUNITY MARKET

Mission: The Hattie Carthan Community Farmers market is a grassroots, people of color-led agricultural revitalization project in Central Brooklyn NYC.

Vision: The market’s vision is to cultivate a healthy, holistic, and self-sufficient community grounded in the systems and cycles of the earth.

Goals: To increase access to locally grown fresh food, farm culture and intergenerational agricultural education to all facets of community in a neighborhood classified as a “fresh food desert.”

Strategy: The market accomplishes its goals by operating community based cultural programs and ventures which nourish human potential and cooperative economics.

GROWING FOOD AND PEOPLE FROM THE GROUND UP
GROWING FOOD AND PEOPLE FROM THE GROUND UP

ACTION 2009 - 2010:

- Hosting events/workshops
  - Bread Baking
  - Festivals
  - Cooking Demonstrations
  - Folk Art in Market

2010

- 2000 people support the market
- On boarded two Chefs
- Youth Programming, four youth

2009

People

Infrastructure

Economy

Market

- Bread Oven
- Composting
- Chicken Coop

- Basket Program - 7 members recruited
GROWING FOOD AND PEOPLE FROM THE GROUND UP

EXPANSION 2011:

- Begin to see the development of some type of food and farm culture
- Work begins on building the Herban Farm
- Lunch counter - serves herbal beverages, vegan brownies, spelt flour products and high vibrational foods to over 75 patrons per market session

MARKET

Economy

Infra-Structure

Compost

Folk Art

New Farm

Basket Program

Lunch Counter

People

Musicians & Artists

20 Volunteers

2 Chefs

10 Youth interns

Women gather

Bread Baking

Special Events

Festivals

Programs
COMMUNITY GATHERS AT THE HERBAN FARM
GROWING FOOD AND PEOPLE FROM THE GROUND UP

2011: CONFLUENCE OF DIVERSE GROUPS LEADS TO THE EARLY EMERGENCE OF CULTURE
“THE FARM SEES MUSIC AS AN IMPORTANT MEDIUM AKIN TO SPIRITUAL FOOD AND CURRENTLY UTILIZES MUSICAL ENTRAINMENT AS A PROCESS FOR ACHIEVING HEALTH, CONNECTING TO THE EARTH’S CYCLES, FOSTERING TEAMWORK AND COMMUNITY BUILDING”
MUSIC,
DANCE,
ART,
CULTURE.
EMERGENCE OF CULTURE, POWERED BY FOOD, MUSIC AND ART

HEALING PLANTS, PEOPLE AND HISTORY ART EXHIBITION

Yonnette S Fleming Art for Cultural Resilience © 2016
TRIBUTE TO TRADITION

Piano & Drums

Yonnette Fleming

TRACK 1 - ESHU MOJUBA - Drums and Rattles
TRACK II - CARIBE - All is Love piano medley
TRACK III - LAMBA - Piano composition - Cry me a River (Yonnette Fleming)
TRACK IV - SAMBA - Piano Samba medley (Yonnette Fleming)
TRACK V - KOU KOU - Guyanese folk song piano medley
TRACK VI - MENDIANI - Small Days on piano
TRACK VII - WOLONOSONG - Piano composition - The Spectrum (Yonnette Fleming)/folk song medley
TRACK VIII - ESHU MOJUBA - Drums and Rattles

Reighawk aka Yonnette Fleming – Sound Medicine Practitioner
Piano, djuns, songban, water drum, agogo bells
Michael Sampson - djembe, shakers
Lee Free – Recording Engineer www.leefreemusic.com
Kelly Horrigan - CD art & layout

Order CDs
Urbanbusheducator.com
Lectures, demonstrations and Sound Healing Circles
raphaology@yahoo.com

$10

MUSIC FOR REMEMBRANCE OF CULTURE. MUSIC AS HEALER.
MUSIC FOR REMEMBRANCE OF CULTURE. MUSIC AS HEALER.
EXPANSION 2012 - 2016

Increasing Growth in People, Programs, Infrastructure and Economy
PROGRAMS
2012-2016: GROWTH AND TRANSFORMATION

2012
- Anti Racism Training
- Spiritual Immersion
- Youth Food Education

2013
- 20 Youth Led Cooking Demos
- Herbalism Events

2014
- Culinary Festivals
- Communal Dinners
- 2 Day Herbalism Intensive

2015
- Herbalism Workshops
- Solstice Markets
- Musical Fireside Circles
- Farm Feasts
- Art Exhibitions

2016
- Solstice Events
- Farm Feasts
- Art Exhibitions
- Food Justice Mural
HEALING DANCE, MUSIC AND ART
What is Food?
LIFE/Quality of Life
Spice
Energy
Health
Healing/Recovering the body
Medicine for Social change
Art
Joy
Civilization
Movement
Economics
Culture
Foundation/Sustainability
Sustainability
Survival
Potential
Strength
Celebration

New concepts, New realities
FOOD SYSTEMS

PROGRAMMING AT MARKET
MOTHER & CHILD
PEOPLE
2012-2016: GROWTH

2012
- Employed 18 neighborhood youth
- Served 65 families weekly at market
- 3000+ people come to both markets
- Food and fitness to 1200 children in summer

2013
- 20 youth led cooking demos

2014
- 2 Artisanal women conduct market on the farm.
- Women Circles

2015
- 100 families participate in the basket program
- 5 Institutional Partners

2016
- Artists gather to create food justice mural.
- Parent and Children Community
YOUTH DEVELOPMENT
YOUTH DEVELOPMENT
INFRASTRUCTURE
2012-2016: GROWTH

2012
- Completed the revitalization of an abandoned lot

2013
- Designed Herbal apothecary farm
- 2 Murals

2014
- Beehives
- Restructuring community market

2015
- Increasing infrastructure in community market

2016
- Food Justice Mural
- Sidewalk Cafe
ECONOMY
2012-2016: GROWTH

- Served 81 families weekly at market
- 520 dozen local eggs
- Cultivated 9,430 pounds of local food
- Distributed 42,879 pounds of food
- Served 65 family weekly at market
- Institutional food distribution program
- Distributed 28,879 pounds of food
- 420 dozen local eggs
- Anonymous Contributors
- More communities are now added, weekly, basket program grows
- Served 100 family weekly at market
- 5 Institutional food distribution programs
- Further growth in families and institutions served
MARKET!
SUPPORTING THE GROWTH OF LOCAL ECONOMY

- Market produce sourced from Hattie Carthan Community Garden
- Hattie Carthan Herban Farm
- 5 local community gardens
- NY State rural farmers
COMMUNITY + ECOLOGY

Intersecting communities - Forming bonds for long terms resilience and sustainability
BUILDING COMMUNITY:
OUR PROJECTS FACILITATE THE COMING TOGETHER OF DIVERSE PEOPLE

2016: CONfluence of Diverse Groups
Strengthening Food + Farm Culture

Micro-Ecosystem
A burgeoning Food Sovereign Space
COMMUNITY GATHERING EVENT

Join Hattie Carthan community market founding farmer Yon and the Hattie Carthan market crew for a 4 course Communal Dinner on the Farm. This is a Markets Fundraiser and Volunteer Appreciation Ceremony. Outdoors, Home grown family style feast w/ fresh bread. Foods grown and prepared by Farmer Yon. Live video DJ, farmy shorts screenings, Raffles, Artisanal local teas, Local jarred goods, Sacred Fire and more. The Dinner Table will be set for 50 people.

**Special Institutional Sponsorships/Group Rates Available $750, $1000, $1500

Shop for local, fresh fruit, veggies, herbs and eggs at the Market till 5pm. We accept WIC/Senior FMNP Checks, EBT, Health Bucks and Cash.

Questions? Contact Yontette Fleming at 718-668-3166 or yonfleming@yahoo.com

Donate/Purchase tickets at hattiecarthancommunitymarket@yahoo.com (Store Section)

Hattie Carthan Community Market
363-365 Clifton Place bet Marcy & Nostrand
Market opens Sat 9am to 3pm
G to Bedford/Nostrand or B38 to Marcy Ave.
www.hattiecarthancommunitymarket.com

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2016 Hattie Carthan Market Communal Dinner Fundraiser

Sunday, November 20th 2016 – 49 Van Buren Pl
Communal Meal/Volunteer Appreciation ceremony
6:00 pm to 10:00 pm
Suggested Donation: $50/ Wine Bar $30 In Market/ or website
BUILDING ECOLOGICAL COMMUNITY

OUR PROJECTS ENCOURAGE DIVERSITY OF LIFE AND RECYCLING OF MATERIALS

2010
Implemented compost drop off system.
Diverted 3 tons

2011
Compost drop off grew to nearly 5 tons!

2012
Processed 8 tons of organic waste from community residents.
Included compost education

2013
Processed 10 tons of organic waste from community residents
RECYCLING WASTE MATERIALS
WOMEN + HEALING

Power
“NO COUNTRY WILL EVER ACHIEVE ITS FULL POTENTIAL IF HALF ITS TALENT POOL IS STYMIED OR UNDER-REPRESENTED.”
"WE GATHER THE WOMEN WHO KNOW THE POWER THAT WOMEN HOLD. WHEN WE COME TOGETHER TO DIALOGUE, ORGANIZE AND VISION FOR THE FUTURE OF OUR EARTH."
WE HELP WOMEN OF COLOR AND WOMEN OF THE DOMINANT COLONIZING CULTURE BEGIN IMPORTANT HEALING CONVERSATIONS WHICH CAN HELP TO BRIDGE THE HISTORIC BETRAYAL WHICH EXISTS BETWEEN THESE GROUPS AND CULTIVATE HEALTHY RELATIONSHIPS BASED ON MUTUALITY AND RESPECT.

HEALING THIS RIFT ALLOWS US TO STAND ON COMMON GROUND AS WE ADDRESS THE HEALTH OF EACH OTHER, OUR COMMUNITIES AND PLANET
HEALING PEOPLE, LAND AND COMMUNITY
CAPITALISM
IF YOU LIVE UPTOWN, BREATHE AT YOUR OWN RISK. Diesel bus fumes can kill.
"The poverty rate rises and falls with the state of the economy and is largely beyond our control. Solutions to this problem are elusive."
THE AMERICAN DREAM
HATTIES’ DREAM

WE ARE COMMITTED AS MULTI-CULTURAL PEOPLE TO PROTECT AND SUPPORT ONE ANOTHER TO DO OUR VERY BEST.

WE BELIEVE THAT THIS MOVEMENT’S IDENTITY RESTS IN EACH OF US, AND WILL EXPAND WHEN WE ENABLE OTHERS TO SEE THEMSELVES WITHIN THIS STORY.

THE TERM FOOD JUSTICE CAN HELP US TO BUILD IDENTITY, SOLIDARITY, AND CONVERGENCE WITH THOSE WHO SHARE BELIEF IN PRINCIPLES OF JUSTICE.

- FOOD JUSTICE MANIFESTO
THE CONCEPT OF FOOD JUSTICE IS WHAT BRINGS US TOGETHER.

OUR WORK IS ABOUT PROTECTING AND SUPPORTING ONE ANOTHER TO DO OUR VERY BEST IN WORKING TOWARD FOOD JUSTICE.

THIS IS A PEOPLE’S MOVEMENT THAT HAS NO SINGLE ORGANIZATION HOLDING THE CENTER. WE WORK THROUGH COLLABORATION BASED ON TRUST, RESPECT, APPRECIATION, AND DIALOGUE THAT IS RECIPROCAL.

WE WORK THROUGH COLLECTIVE LEADERSHIP THAT BRINGS TOGETHER PEOPLE WORKING IN ALL ASPECTS OF THE FOOD SYSTEM

- FOOD JUSTICE MANIFESTO
Abu Tall, Taqwa Community Farm, South Bronx.
Photo by Rob Stephenson.

Bed-Stuy Farm, Brooklyn Rescue Mission Urban Harvest Center,
Bedford-Stuyvesant, Brooklyn.
Photo by Rob Stephenson.
Hattie Carthan Community Garden,
Bedford-Stuyvesant, Brooklyn.
Photo by Rob Stephenson.

East New York Farms! project,
United Community Centers,
East New York, Brooklyn.
Photo by Rob Stephenson.
La Finca del Sur, South Bronx.
Photo by Rob Stephenson.

Mural at Granja Los Colibries, La Unión,
Sunset Park, Brooklyn.
Photo by Rob Stephenson.
Snug Harbor Heritage Farm, Staten Island.
Photo by Rob Stephenson.
Stephen Ritz of Green Bronx Machine, South Bronx.
Photo by Rob Stephenson.

Tanya Fields and daughter, The BLK Projek, South Bronx.
Photo by Rob Stephenson.
IMAGES:
- FACEBOOK : HTTPS://WWW.FACEBOOK.COM/HATTIECARTHANGARDENMARKETS/
- BEYOND THE KALE : URBAN AGRICULTURE AND SOCIAL JUSTICE ACTIVISM IN NEW YORK CITY
- HERBAN FARM: HTTP://YONNETTE.WIXSITE.COM/HCHERBANFARM
- COMMUNITY MAKET: HTTP://WWW.HATTIECARTHANCOMMUNITYMARKET.COM/

CHARTS:
- BROOKLYN NEIGHBORHOOD REPORTS:
  HTTPS://ISSUU.COM/STUDYBROOKLYN/DOCS/COMMUNITY-DISTRICT-3-BROOKLYN-NEIGHBORHOOD-REPORT

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TECH. DESIGNER AND TRANSCRIBER: RUBY OLISEMEKA