1. We demand respect for mother earth, for the Food Justice and Food Sovereignty culture, and for the indigenous cultures that are working to establish their own autonomous food systems. All must respect and protect the land that grows our food.

2. We demand an end to the mistreatment of workers, farmers, animals, and the environment, that is caused by our current food system.

3. We demand government funding for more nutrition education, and awareness in our communities, and for all communities. Education on things such as, but not limited to, health, seasonal produce, and diet related diseases, farming, organic, sustainability, alternative methods of farming and any and all subjects that those communities demand. People have the right to know what’s in their food, and to decide what to eat.

   We promote educating parents on nutrition and healthy lifestyles.

   Schools in our communities and all over the world must establish and be leaders with the tools and education that promote a healthy lifestyle. We recommend that schools recognize youth lead fitness programs as tools for success.

4. We the youth demand more healthy food choices in our schools, and in schools all over the world. We want
vending machines out of schools unless they have healthy choices. We need healthier school lunches that are implemented by schools with the ingredients decided on by the Youth. We demand composting in schools and in our neighborhoods.

5. We the youth call for the termination of any and all Genetically Modified seeds, plants, and produce. We want a policy from the governments all over the world that ends GMO’s, no exceptions.

6. We the youth absolutely don’t want any chemicals or pesticides in our food!

7. We the Youth demand a ban on High Fructose Corn Syrup and other additives, and preservatives that are a detriment to our and our communities’ health. This must be implemented by our government, and governments around the world.

8. We demand food that is grown within a 100-mile radius of our homes. We don’t want food traveling thousands of miles using up fossil fuels to get to our homes.

9. We the youth demand that everyone working in the food system must be treated with respect, treated fairly, and earn at the minimum, a just living wage. For all those that are working in the food system we demand a model like the Domestic Fair Trade Association to be implemented.

10. We demand the implementation of regulations from all governments and peoples on a global scale that prevent corporations from globalizing our food systems and our world as we recognize this as seriously costly to global and local human health.

11. We demand an end to the subsidy of cash crops, including corn and soy beans. Rather than our tax dollars going to
subsidies for industrial farming, we demand financial support for small organic farmers.

12. We want a restructuring of the process of being certified organic and fair trade. This must come from the people, and from grassroots movements across the world.

13. We the youth demand that a policy be enacted allowing for unused land to be made available for communities to farm and garden organically and sustainably.

14. We believe farmers and all people should have the freedom to save their seed. Any law that prevents this should be reversed; no law shall ever be made to prevent seed saving.

15. We demand an end to industrial farming, which accounts for one-third of the greenhouse gas emissions in the world. Tighter regulation and steps must be made that will decrease the amount of emissions every year.

16. We demand more farmers’ markets instead of super markets. The number of farmer’s markets must be increased every year until there are more farmers’ markets than super markets.

17. We demand the continuation and respect of all cultural history and significance of food and agriculture. We must work to restore, remember, and regain our food culture, practices, and traditions in farming.

18. We want healthy options in corner stores while empowering the community to make better food choices. We demand more jobs for youth to work with our communities to make this happen and help them control their food systems.

19. We demand school assemblies to recruit more youth to promote food justice. The continuation of the movement for Food Justice, Food Sovereignty and cultivation of
future Youth leaders is necessary for feeding our youth, our nation and our world.

This is only the beginning step in many to come to make our visions, our dreams, and this bill a reality. This is only the start of our movement.

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